



**Meeks Heit**  
Publishing Company

# Totally Awesome<sup>®</sup> Health

**Linda Meeks**

**Philip Heit**





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Unit 10 outlines emergency care procedures that reflect the standard of knowledge and accepted practices in the United States at the time this book was published. It is the teacher's responsibility to stay informed of changes in emergency care procedures in order to teach current accepted practices. The teacher also can recommend that students gain complete, comprehensive training from courses offered by the American Red Cross.

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## About Meeks Heit Publishing Company

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Linda Meeks and Philip Heit are emeritus professors of Health Education in the College of Education at The Ohio State University. Linda and Philip are America's most widely published health education co-authors. They have collaborated for more than 20 years, co-authoring more than 200 health books that are used by millions of students preschool through college. Together, they have helped state departments of education as well as thousands of school districts develop comprehensive school health education curricula. Their books and curricula are used throughout the United States as well as in Canada, Japan, Mexico, England, Puerto Rico, Spain, Egypt, Jordan, Saudi Arabia, Bermuda, and the Virgin Islands. Linda and Philip train professors as well as educators in state departments of education and school districts. Their book, *Comprehensive School Health Education: Totally Awesome® Strategies for Teaching Health*, is the most widely used book for teacher training in colleges, universities, and school districts. Thousands of teachers throughout the world have participated in their Totally Awesome® Teacher Training Workshops. Linda and Philip have been the keynote speakers for many teacher institutes and wellness conferences. They are personally and professionally committed to the health and well-being of youth.

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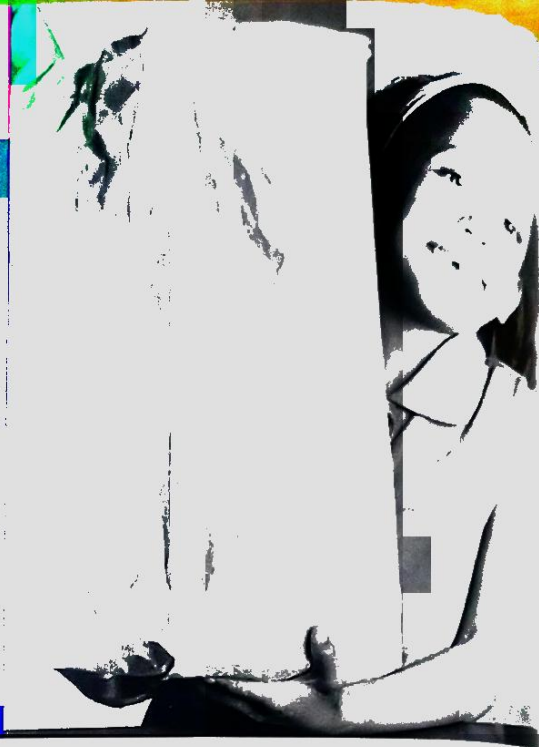
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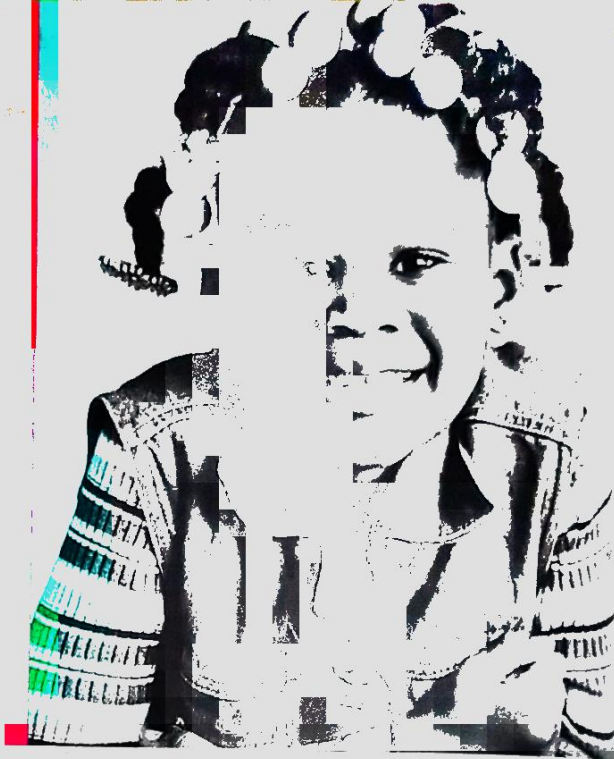
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